

The Kirakas as natural rulers of the [vedic] houses:

1st house - Sun.

2nd house - Jupiter.

3rd house - Mars.

4th house - Moon.

5th house - Jupiter.

6th house - Mars, Saturn.

7th house - Venus.

8th house - Saturn.

9th house - Jupiter.

10th house - Jupiter, Sun, Mercury, Saturn.

11th house - Jupiter.

12th house - Saturn.

Commentary on the kirakas as natural rulers of the houses:

1st house - Sun. Health, vitality, integrity, personality integration, confidence, healthy self-esteem, self-expression, soul radiance.
Downside risk: lack or excess of these qualities.

2nd house - Jupiter. Abundance of resources, values and virtues.
Downside risk: lack or waste.

3rd house - Mars. Strong development of mind, bold constructive ideas, strong healthy voice, influential oratory and other communication.
Downside risk: harmful speaking, too loud, strident, quarrelsome, insulting, abusive, errors of thinking, falsehood, distortions of truth, missing information, lack of right proportion and perspective, false accusation, sibling rivalry.

4th house - Moon. Peaceful home, sense of safety and security, emotional peace of mind, unconditional love in the family.
Downside risk: unhealthy dependency and clinging to the past.

5th house - Jupiter. Joyful creation, blessed children, successful investment. Joy in life, grounded in spiritual consciousness and

devotion, and good karma naturally flowing from that.
Downside risk: overconfidence, excesses, wasteful, addictions.

6th house - Mars, Saturn. Hard work, application of self in service to worthy causes. In health, Mars and Saturn are first-class malefics, fostering wounding, bleeding, inflammation, surgery (Mars) and inertia, depression, losses, and aging (Saturn). Exercise, work, austerities, regular program or lifestyle, taking the long view to do what will maintain health over the lifetime are positive uses of Mars and Saturn in the 6th house.

7th house - Venus. We desire peaceful relations with all, especially with significant others, a life full of love and affection, sattvic and full of goodness, beauty, graciousness.
Downside risk: going along to get along, overdependent on others' approval, peace at any price with loss of personal integrity.

8th house - Saturn. Conservative use of other's resources. Serious attitude to plumb the depths of reality. Conservative use of reproductive resources or ojas. Practice of yoga and austerities. Downside risk: unresolved negativity, grief, or other loss pulling a person into a lower vibratory condition or failure, even wasting others' resources.

9th house - Jupiter. Religious-spiritual experience, realization, and devotion. Love of God as a foundation for life and blessings all around. vision, perspective, increase in wisdom, compassion, love of truth. Spiritual teacher (guru) and spiritual teachings and path shown by the 9th house. Downside risk: false perspectives, religious errors or omissions, failure to validate the core truths and heart of all world religions, teachers who miss or fail to emphasize the essence of truth and lead people away from the simplicity and fullness of spiritual life.

10th house - Jupiter, Sun, Mercury, Saturn. Professional success, good reputation based on virtue, fame, leadership (Jupiter, Sun). Success in commerce, writing, speaking (Mercury). Successful organization, administration, teaching essentials, sharing expertise and wisdom of experience (Saturn). Jupiter shows the spiritual basis for worldly success - doing well by doing good. Downside risk: arrogance, abuse, domination, destruction of healthy confidence, destructive criticism, negative definition of others, poor communications by persons in authority, lack of adequate disclosure, excessive and inappropriate disclosure.

11th house - Jupiter. Success in achieving goals and dreams. Success in friendships, in groups and community. Broad vision of well-being, tolerance, diversity, generosity for the common good. Jupiter again shows the spiritual basis for life success and flourishing community. Downside risk: lack of goodwill;

lack of normal care, compassion, and seeking relevant truth together;
injustice in group and social matters.

12th house - Saturn. The benefits of solitude and the contemplative life.

Esoteric or metaphysical studies. Patience, depth, application of self over time. Meditation, contemplation, study of scriptures, initiation, effective therapy, excellent listening. Seeking the truth on all levels. Karma from truth or falsity, sincerity or insincerity, application of self or not, depth or lack of it, character or lack of it, justice or injustice - Saturn weighs and sifts all of that. Completions. Moksha or liberation.

Downside risk: feeling trapped or imprisoned on a physical level, lacking privacy, feeling misunderstood or socially alienated, undeveloped or invalidated spiritual awareness, undeveloped or invalidated spiritual awareness.

In assessing a particular house in a chart, consider the kiraka regarding the meaning of the house, where the karaka is found in the chart, how is it aspected, transits of the kiraka, etc. If the kiraka is found IN the house you're considering, or angular, it makes the kiraka and house stronger.